

# How Many Drops?

Based on 10ml

.25-.5% Infants & Elderly  
1-3 drops

3% Sensitive Skin,  
Damaged Skin, Face  
9-13 drops

1% Children 2-5yrs,  
Pregnancy  
3-5 drops

1.5% Emotional and  
Energy Based  
5-7 drops

2-5% Nervous system,  
daily use, massage  
8-23 drops

10% Muscles  
30-46 drops